

~RCW~

DEALING WITH TOXIC PEOPLE

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THREE STEPS TO DEALING WITH TOXIC PEOPLE

1. I Must BUILD BOUNDARIES In My Life.

1 Corinthians 15:33 “Do not be misled: **Bad company corrupts good character.**”

**I will become like the company
I keep.**

Proverbs 22:24-25 “**Don’t befriend angry people or associate with hot-tempered people, or you will learn to be like them and endanger your soul.**”

Psalms 26:4-5 “I do not spend time with liars or go along with hypocrites. I hate the gatherings of

those who do evil, and **I refuse to join** in with the wicked.”

2 Timothy 6:20-21 “Timothy, guard what God has entrusted to you. Avoid godless, foolish discussions with those who oppose you with their so-called knowledge. Some people have wandered from the faith by **following** such foolishness.”

2. I Must BLOCK Toxic People From My Life.

- The COMPLAINER.

James 3:16 “For wherever there is jealousy and selfish ambition, there you will find disorder and **evil of every kind.**”

2 Timothy 2:16, 17 “**Avoid** worthless, foolish talk that only leads

to more godless behavior. This kind of talk spreads like cancer.”

- The GOSSIP.

Proverbs 20:19 “A gossip betrays a confidence; so **avoid anyone** who talks too much.”

Proverbs 16:28 “A troublemaker plants seeds of strife; **gossip separates** the best of friends.”

Titus 3:10 “Warn a divisive person once, and then warn them a second time. After that, **have nothing to do with them.**”

- The TEMPTER.

1 Corinthians 5:11 “You must **not associate with anyone** who claims to be a brother or sister but is sexually

immoral or greedy, an idolater or slanderer, a drunkard or swindler. Do not even eat with such people.”

Ephesians 5:3-7 “Let there be no sexual immorality, impurity, or greed among you. Such sins have no place among God’s people. Obscene stories, foolish talk, and coarse jokes - these are not for you. Instead, let there be thankfulness to God. You can be sure that no immoral, impure, or greedy person will inherit the Kingdom of Christ and of God. For a greedy person is an idolater, worshiping the things of this world. Don’t be fooled by those who try to excuse these sins, for the anger of God will fall on all who disobey Him. **Don’t participate in the things these people do.**”

3. I Will BOOST My Life With The Right People.

Proverbs 12:26 “The righteous choose their friends carefully, but the way of the wicked leads them astray.”

Psalm 1:1 “**Blessed is the one** who does not walk in step with the wicked or stand in the way that sinners take or sit in the company of mockers, but whose delight is in the law of the Lord, and who meditates on His law day and night.”

Jude 1:16-21 “These people are grumblers and complainers, living only to satisfy their desires. They brag loudly about themselves, and they flatter others to get what they want. But you, my dear friends, must remember what the apostles of our Lord Jesus Christ predicted. They

told you that in the last times there would be scoffers whose purpose in life is to satisfy their ungodly desires. These people are the ones who are creating divisions among you. They follow their natural instincts because they do not have God's Spirit in them. But you, dear friends, must **build each other up** in your most holy faith, pray in the power of the Holy Spirit, and await the mercy of our Lord Jesus Christ, who will bring you eternal life. **In this way, you will keep yourselves safe in God's love.**"

Hebrews 10:24-25 "Let us think of ways to motivate one another to acts of love and good works. And let us not neglect our meeting together, as some people do, but **encourage one another**, especially now that the day of His return is drawing near."

Memory Verse for this week:

Hebrews 10:24 “Let us think of ways to motivate one another to acts of love and good works.”