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FLOURISH
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FLOURISH IN YOUR FEELINGS

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Isaiah 58:11 “The Lord will guide you continually, giving you water when you are dry and restoring your strength. You will be like a well-watered garden, like an ever-flowing spring.”

HOW TO FLOURISH IN YOUR FEELINGS

1. Commit Your Soul to God's Control.

Isaiah 58:11 “The Lord will **GUIDE** you continually...”

Genesis 2:7 “The Lord God formed man of the dust of the ground and breathed into his nostrils the breath of life; and man became a **living soul.**”

Psalm 107:9 “For the Lord has satisfied the thirsty soul, and the hungry soul He has filled with what is good.”

Ecclesiastes 6:7 “All the labor of man is for his mouth, and yet the soul is not satisfied.”

**You are a soul made by God,
made for God, and made to exist
in God. You are not made to
be self-sufficient.**

Deuteronomy 4:9 “Only take care, and keep your soul diligently, lest you forget the things that your eyes have seen, and lest they depart from your heart all the days of your life.”

**If you neglect your soul, it won't go
away – it will go astray.**

Acts 17:28 “It is in God that we live and move and keep on living.”

In order to FLOURISH in your FEELINGS, you have to stop focusing on self and focus on your soul.

2. Comfort Your Soul with God's Care.

Isaiah 58:11 “The Lord will give you water when you are dry and restore your strength.”

Hebrews 4:15 “Jesus, our High Priest, understands our weaknesses, for He faced all of the same testings we do, yet He did not sin.”

Psalms 124:7-8 “Our soul has escaped as a bird out of the snare of the trapper; the snare is broken and we have escaped. Our help is in the name of the Lord, who made heaven and earth.”

God has Emotions!

- **GOD HAS JOY** Zephaniah 3:17 “Adonai your God is in your midst - a mighty Savior! He will delight over you with joy. He will quiet you with His love. He will dance for joy over you with singing.”
- **GOD HAS GRIEF** Psalm 78:40 “How often they rebelled against him in the wilderness and grieved his heart in that dry wasteland.”
- **GOD HAS ANGER** Psalm 7:11 “God is angry with the wicked every day.”

- **GOD HAS COMPASSION**
Mark 6:34 “Jesus saw the huge crowd as he stepped from the boat, and he had compassion on them because they were like sheep without a shepherd.”

John 15:10-11 “When you obey My commandments, you remain in My love, just as I obey My Father’s commandments and remain in His love. I have told you these things so that you will be filled with my joy. Yes, your joy will overflow!”

Jeremiah 6:16 “This is what the Lord says: ‘Stand at the crossroads and look; ask for the ancient paths, ask where the good way is, and walk in it, and you will find rest for your souls.’”

Psalm 139:1-2, 23-24 “O Lord, You have examined my heart and know everything about me. You know my thoughts even when I’m far away. Search me, O God, and know my heart; test me and know my anxious thoughts. Point out anything in me that offends You and lead me along the path of everlasting life.”

3. Connect Your Soul to Carry God's Compassion.

Isaiah 58:11 “You will be like a well-watered garden, like an ever-flowing spring.”

2 Corinthians 1:3-4 “All praise to God, the Father of our Lord Jesus Christ. God is our merciful Father and the source of all comfort. He comforts us in all our troubles so that we can comfort others. When they are troubled, we will be able to give them the same comfort God has given us.”

1 John 4:19 “We love each other because He loved us first.”

1 Peter 2:25 “Once you were like sheep who wandered away. But now you have turned to your Shepherd, the Guardian of your souls.”

Memory Verse: Isaiah 58:11 “The Lord will guide you continually, giving you water when you are dry and restoring your strength. You will be like a well-watered garden, like an ever-flowing spring.”