

~RCW~

# HAPPY PEOPLE



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# WHAT MAKES YOU HAPPY?

## 1. Happiness does not come from PURSUING POSSESSIONS.

Luke 12:23 "For life is more than food, and the body more than clothes."

**More THINGS will not make you  
more happy.**

Ecclesiastes 6:1-3 "I've seen another evil thing on this earth. And it's a heavy load on human beings. God gives some people wealth, possessions and honor. They have everything their hearts desire. But God doesn't let them enjoy those things. A man might have a hundred children. He might live a long time.

But suppose he can't enjoy his wealth. Then it doesn't matter how long he lives. I'm telling you that a baby that is born dead is better off than that man is."

**Happy "what" always leads to happy "what else".**

Luke 12:14-15 Jesus said to them, "Watch out! Be on your guard against all kinds of greed; life does not consist in an abundance of possessions."

1 John 2:15-17 "Don't love this evil world or the things in it. If you love the world, you do not have the love of the Father in you. This is all there is in the world: wanting to please our sinful selves, wanting the sinful things we see, and being too proud of what we have. But none of these

comes from the Father. They come from the world. The world is passing away, and all the things that people want in the world are passing away. But whoever does what God wants will live forever.”

## 2. Happiness does not come from PURSUIING PLEASURE.

Ecclesiastes 2:1-3, 10-11 "I said to myself, 'Come now, I will test you with pleasure to find out what is good.' But that also proved to be meaningless. 'Laughter,' I said, 'is madness. And what does pleasure accomplish?' I tried cheering myself with wine, and embracing folly - my mind still guiding me with wisdom. I wanted to see what was good for people to do under the heavens during the few days of their lives. I denied myself nothing my eyes desired; I refused my heart no pleasure. My heart took delight in all my labor, and this was the reward for all my toil. Yet when I surveyed all that my hands had done and what I had toiled to achieve, everything was meaningless, a chasing after the

wind; nothing was gained under the sun."

Hebrews 11:25 "...the passing pleasures of sin."

Galatians 6:7-8: "Do not be deceived, God is not mocked; for whatever a man sows, that he will also reap. For he who sows to his flesh will of the flesh reap corruptions, but he who sows to the Spirit will of the Spirit reap everlasting life."

Proverbs 27:24 "A crown does not endure to all generations."

### 3. Happiness comes from PURSUING GOD.

Matthew 22:36-39 “Teacher,” he asked, “which is the most important commandment in the Law?”

Jesus replied, “Love the Lord your God with all your heart and with all your soul. Love Him with all your mind.’ (*Deuteronomy 6:5*) This is the first and most important commandment. And the second is like it. ‘Love your neighbor as you love yourself.” (*Leviticus 19:18*)

Happy is a WHO not a WHAT.

Happy is a PERSON not a  
PLEASURE.

Acts 2:28 "You will fill me with joy  
in Your presence."

John 15:11 “I have told you this so that My joy may be in you and that your joy may be complete.”

Mathew 6:33 "Seek first His kingdom and His righteousness, and all these things will be given to you as well."

Ecclesiastes 2:25-26 "Without Him, who can eat or find enjoyment? To the person who pleases Him, God gives wisdom, knowledge and happiness."

Psalm 144:15 “Happy is the nation of whom this is true; **happy are the people whose God is the Lord!**”



Memory Verse: Psalm 144:15

“Happy is the nation of whom this is true; happy are the people whose God is the Lord!”