HAPPY IS AS HAPPY DOES

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THREE STEPS TO HAPPINESS

1. Find Your Happy FIT.

Colossians 1:16 "Everything got started in Christ and finds its purpose in Him."

Acts 17:28 "In Him we live and move and exist."

Galatians 6:4-5 "Pay careful attention to your own work, for then you will be happy with doing a good job, and you won't need to compare yourself to anyone else. For we are each responsible for our own conduct."

2 Corinthians 10:12 "We do not dare to classify or compare ourselves with

when they measure themselves by themselves and compare themselves with themselves, they are not wise."

Brokenness leads to selfishness. But Jesus makes us whole and helps us focus on others.

Ephesians 1:11-12 "It's in Christ that we find out who we are and what we are living for. Long before we first heard of Christ and got our hopes up, He had His eye on us, had designs on us for glorious living, part of the overall purpose He is working out in everything and everyone."

2. Develop A Happy FOCUS.

Matthew 16:25 "If you try to hang on to your life, you will lose it. But if you give up your life for My sake, you will save it."

Ecclesiastes 5:10 "He who loves money will not be satisfied with money, nor he who loves abundance with its income."

1 Corinthians 6:13 "The body, however, is not meant for sexual immorality but for the Lord, and the Lord for the body."

Action doesn't always produce happiness, but there cannot be any happiness without the right action.

Ecclesiastes 3:11-12 "He has made everything beautiful in its time. He

has also set eternity in the human heart; yet no one can fathom what God has done from beginning to end. I know that there is nothing better for people than to be happy and to do good while they live."

3. Aim At A Happy FOREVER.

1 Corinthians 9:24-25 "Do you not know that in a race all the runners run, but only one gets the prize? Run in such a way as to get the prize. Everyone who competes in the games goes into strict training. They do it to get a crown that will not last, but we do it to get a crown that will last forever."

2 Corinthians 4:18 "So we don't look at the troubles we can see now; rather, we fix our gaze on things that cannot be seen. For the things we see now will soon be gone, but the things we cannot see will last forever."

The closer I get to Jesus, the less I care about me and the more I care about others.

Matthew 6:19-21 "Jesus said, 'Do not store up for yourselves treasures on earth, where moth and rust destroy, and where thieves break in and steal. But store up for yourselves treasures in heaven, where moth and rust do not destroy, and where thieves do not break in and steal. For where your treasure is, there your heart will be also."

Memory Verse: 2 Corinthians 4:18 "So we don't look at the troubles we can see now; rather, we fix our gaze on things that cannot be seen. For the things we see now will soon be gone, but the things we cannot see will last forever."