

Better!

A BETTER YOU

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Luke 10:41-42 "The Lord answered her, 'Martha, Martha, you are worried and upset about many things. **Only one thing is important.** Mary has **chosen the BETTER thing**, and it will never be taken away from her.'"

Three Guideposts for Building a BETTER YOU

1. Choose PURPOSE instead of activity.

Luke 10:41 "Martha, you are worried and upset about many things."

Nehemiah 6:3 "I am doing a great work and I cannot come down."

Proverbs 16:4 "The Lord has made everything for His own purpose."

Colossians 1:16 "For everything, absolutely everything, above and below, visible and invisible... everything got started in Him and finds its purpose in Him."

**Pursuing my career helps me make a living.
Pursuing my purpose makes my LIFE.**

Daniel 12:4 "...the time of the end, when many will rush here and there..."

If the devil can't make you BAD, he'll make you BUSY!

Ephesians 5:15 "Live life, then, with a due sense of responsibility, not as men who do not know the meaning and purpose of life but as those who do."

Guidepost #1: Will this decision help me fulfill my purpose?

2. Choose PEOPLE instead of things.

Luke 10:42 "Only one thing is important."

Mark 5:21-35 Jesus interrupted His scheduled meeting with a top leader and took time to minister to an unknown woman with a need.

Mark 10:45 "For even the Son of Man came not to be served but to serve others and to give His life as a ransom for many."

Guidepost #2: Will this decision invest in other people?

Mark 12:29-31 "Jesus replied, 'The most important commandment is this: 'Love the Lord your God with all your heart, all your soul, all your mind, and all your strength.' The second is equally important: 'Love your neighbor as yourself.' No other commandment is greater than these.'"

Mark 8:35 "If you try to keep your life for yourself, you will lose it. But if you give up your life for My sake and for the sake of the Good News, you will find true life."

3. Choose what's PERMANENT instead of what's urgent.

Luke 10:42 "Mary has chosen the better thing, and it will never be taken away from her."

Matthew 6:19-21 "Don't store up treasures here on earth, where moths eat them and rust destroys them, and where thieves break in and steal. Store your treasures in heaven, where moths and rust cannot destroy, and thieves do not break in and steal. Wherever your treasure is, there the desires of your heart will also be."

There is more to this life than this life.

2 Corinthians 5:10 "For we must all appear before the judgment seat of Christ, that each one may receive what is due him for the things done while in the body, whether good or bad."

Revelation 20:11-12 "Then I saw a great white throne and Him who was seated on it. And I saw the dead, great and small, standing before the throne, and books were opened. Another book was opened, which is the book of life. The dead were judged according to what they had done as recorded in the books."

Guidepost #3: Will this decision bring lasting impact?

1 Timothy 6:17-19 "Command those who are rich in this present world not to be arrogant nor to put their hope in wealth, which is so uncertain, but to put their hope in God, who richly provides us with everything for our enjoyment. Command them to do good, to be rich in good deeds, and to be generous and willing to share. In this way they will lay up treasure for themselves as a firm foundation for the coming age, so that they may take hold of the life that is truly life."

Answer these three questions to Build a Better YOU:

- What choices can I make this year to pursue my purpose?
- What choices can I make this year to invest in people?
- What choices can I make this year to make a permanent impact?

Memory Verse: Ephesians 5:15 "Live life, then, with a due sense of responsibility, not as men who do not know the meaning and purpose of life but as those who do."

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